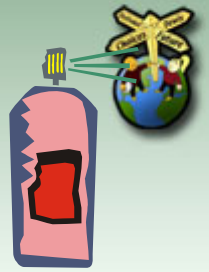


# Solvents



## How much do you know?

YES /  
NO

1. Do spray cans contain solvents?
2. Could you be killed by sniffing solvents?
3. Can sniffing solvents make you feel sick?
4. Are shopkeepers allowed to sell solvents to children?
5. Do solvents make you feel dizzy?
6. Can sniffing solvents make you black out?
7. Do solvents make you feel sleepy?
8. Is glue a solvent?
9. Can accidents happen when you sniff solvents?
10. Is lighter gas a solvent?


\*Solvents are found in aerosol cans like deodorant, in lighter gas refills, tins or tubes of glue, some paints and correcting fluid.



# Solvents



## Answer Sheet

1. Spray cans contain solvents.  
YES: Spray cans can contain many different products among them solvents
2. Sniffing solvents can kill you.  
YES: Sniffing solvents can lead to difficulties in breathing and the possibility of a heart attack
3. Sniffing solvents can make you feel sick.  
YES: One of the first things you feel is nausea, this is followed by a bad headache.
4. Shopkeepers are allowed to sell solvents to children.  
NO: Shopkeepers are liable if they sell solvents to children.
5. Solvents can make you feel dizzy.  
YES: Solvents can make you feel very unwell. You may stagger about.
6. Sniffing solvents can make you black out.  
YES: Sniffing solvents can lead to loss of consciousness and a heart attack.
7. Solvents do not make you feel sleepy.  
YES: Solvents can make you drowsy and can lead to unconsciousness.
8. Glue is a solvent.  
YES: However, not all glues are solvent based.
9. Accidents can happen when you sniff solvents.  
YES: When you are under the influence of solvents you are more likely to make wrong decisions and to take chances.
10. Lighter gas is a solvent.  
YES: Lighter gas is a solvent.

# Alcohol



## How much do you know?

YES /  
NO

1. Is alcohol is a poison?
2. Are accidents more likely to happen if you drink alcohol?
3. Does alcohol slow down your reactions?
4. Can you be banned from driving if you drink and drive?
5. Can you buy alcohol in shops when you are 16?
6. Are alcopops soft drinks?
7. Is drinking too much alcohol bad for your health?
8. Can you go into a pub when you are 14?
9. Can you lose control of your body if you drink too much alcohol?
10. Can alcohol give you energy and make you feel happy?


# Alcohol

## Answer Sheet



1. Alcohol is a poison.  
YES: Alcohol is a poison. We drink a clear type called ethanol. There are other types which we cannot drink. They are used to make things such as shoe polish and car de-icer sprays.
2. Accidents are more likely to happen when you drink alcohol.  
YES: Over 5000 accidents a year are due to alcohol.
3. Alcohol slows down your reactions.  
YES: When you drink alcohol it goes from your stomach into your bloodstream. Your blood carries the alcohol to your brain. It slows your brain down and your reactions become slower.
4. You can be banned from driving if you drink and drive.  
YES: It is illegal to drive if you have drunk too much alcohol. The allowed limit is 80 milligrams to 100 millilitres of blood. There is an automatic 12 month driving ban for your first offence. This is extended to 3 years for your second offence, and 5 years for your third offence. You may also be fined and/or face imprisonment.
5. You can buy alcohol from a shop when you are 16.  
NO: The only exception is that you can buy and drink beer and cider with a meal in an eating area of a pub.
6. Alcopops are soft drinks.  
NO: Alcopops range from 4.9% to 5.5% in alcohol content.
7. Drinking too much alcohol is bad for your health.  
YES: Alcohol is a poison and drinking too much alcohol too often can damage your health.
8. You can go into a pub when you are 14.  
YES: At 14 or 15 you can go into a pub but you cannot buy or drink alcohol.
9. You can lose control of your body if you drink too much alcohol.  
YES: At first you may feel relaxed, but the more alcohol you drink, the less in control you will become of your body and actions. Your reactions become slower and you can lose control of your emotions too.
10. Alcohol gives you energy and makes you feel happy.  
NO: Many people claim that alcohol makes them talkative and happy. However, alcohol is a depressant and slows down your brain.



# Smoking



## How much do you know?

### YES/NO

1. Can you buy cigarettes at the age of 14?
2. Does 10 cigarettes a day for 10 years cost £9000?
3. Do 120,000 people die from smoking each year?
4. Do cigarettes contain chemicals?
5. Is it illegal to smoke in public places in Ireland?
6. Do more teenage girls than boys smoke?
7. Can other people's smoke harm you?
8. Does smoking cause the most fires in the home?
9. Is it against the law to advertise tobacco on television?
10. Do all cigarette packets by law have a Government Health Warning on them?


# Smoking



## Answer Sheet

1. You can buy cigarettes at the age of 14.  
NO: You can only buy cigarettes when you are 18 years old. A shopkeeper is liable in law if she/he sells cigarettes to underage teenagers.
2. 10 cigarettes a day for 10 years costs £9000.  
YES: 10 cigarettes currently cost around £2.50 a packet.
3. 120,000 people die from smoking each year.  
YES: 120,000 smokers die every year from smoking-related illnesses in the UK.
4. Cigarettes do contain chemicals.  
YES: Cigarettes do contain chemicals. In fact they contain around 4,000 different chemicals including noxious gases. Some of the chemicals found in cigarettes are also found in *insecticide, explosive and floor cleaner*.
5. Is it illegal to smoke in public places in Ireland?  
YES: It is illegal to smoke in a public place in Ireland.
6. More teenage girls than boys smoke.  
YES: More teenage girls than boys smoke.
7. Other people's smoke can harm you.  
YES : Other people's smoke can harm people around them who breathe it in. This is called passive smoking.
8. Smoking causes most fires in the home.  
YES: Many people leave burning cigarettes unattended. Some smokers smoke in bed. Some have fallen asleep whilst smoking.
9. It is against the law to advertise tobacco on television.  
YES: In 1991 a European Directive (Law) was passed. It banned all tobacco advertising on television.
10. By law all cigarette packets must have a Government Health Warning on them  
YES : All cigarette packets and adverts have to carry a Government Health Warning on them.

# T.A.S.K. Force: Tobacco, Alcohol & Solvents - Knowledge!

## The Law Fact Sheet



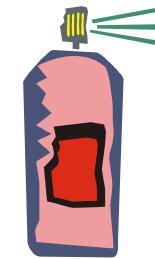
### Tobacco

- It is illegal for shopkeepers to sell tobacco to anyone under the age of 18.
- It is illegal in this country to smoke cigarettes in confined public places.



### Alcohol

- It is illegal to give an alcoholic drink to a child under five.
- It is illegal to buy alcohol for anyone under the age of 18.
- It is illegal to buy alcohol if you are less than 18 years of age.
- At 16 or 17 you can buy and drink beer or cider with a meal in an eating area of a pub.



### Solvents

- It is illegal for shopkeepers to sell solvents to persons less than 18 years of age.
- Shopkeepers can also refuse to sell solvents if they suspect the product is being abused or if they suspect that a person is buying it on behalf of someone else.