



STRAND:	Safety	
KEY STAGE:	FP	
LESSON:	Safe Haven	

The United Nations Convention on the Rights of the Child enshrines children and young people's rights to be protected from abuse and exploitation. All children and young people are potentially at risk of being abused. Schools have a central role to play in reducing this risk. By exploring the features of safe and healthy relationships, officers can help learners to develop the skills to identify potential risks, stay safe and seek help if needed.

The safer relationships lesson should be delivered as part of the school's PSE and sex and relationship education (SRE) programme. It should be consistent with the school's sex education policy and the agreed values framework for SRE. Ensure that the lesson is appropriate for the needs of learners in terms of their age, maturity, language/images used, and understanding required. Furthermore this lesson is only to be delivered if a teacher is present in the classroom at all times.

Further advice on teaching sensitive issues is available on the PSE website by following the link to 'teaching about sensitive issues' on

<http://wales.gov.uk/psesub/home/holisticpse/delivery/teachingsensitiveissues/?lang=en>

AIM

- To raise awareness of personal safety and well being in the home

SKILL

S (PD) 1,2, S (SD) 3, S (M&S) 2,3, S (WB) 1,2,8,9, S (O) 4,6, S (R) 2, S (K&U) 5,11,18

RANGE

R (PSWC) 3, 4, 10, 11, 12 R (O) 4, 5, R (K&U) 2, 5,

OBJECTIVES

- To recognize, express and communicate different feelings and emotions
- Understand the difference between appropriate and inappropriate behaviour in the home
- Who to go to for help and support

CHILDREN'S LEARNING OBJECTIVES

You will

- learn about your feelings and emotions
- understand the difference between right and wrong behaviour in the home
- know what to do if you feel unsafe



Lesson Overview: Safe Haven

KEY WORDS

feelings, safe, unsafe, help

RESOURCES

- Lesson Power point
- Key words
- Tarian puppet
- 1 set of feelings cards
- Tarian's Tale
- 6 sets of the cloudy and sunny house placemats
- 6 sets of the right and wrong behaviour sorting cards

ACTIVITIES

INTRODUCTION

This lesson should only be delivered if a teacher is present

- Ensure the link with other foundation phase lessons is explained (if applicable)
- Agree ground rules
- Clearly outline the classroom agreement
- Explain learning objectives and key words

MAIN ACTIVITIES

- Introduce Tarian
- As a whole class exercise utilising Tarian explore different feelings with the feelings name game
- Whole class story time - Tarian's Tale
- Whole class question time
- Group sorting exercise - using the house placemats and right and wrong behaviour cards
- Class session for the officer to reiterate the safety rules
- A class helping hands exercise to identify 5 trusted grownups the pupils could go to for help
- Think - pair - share each pupil tells the person next to them their 5 trusted grownups

REVIEW/PLENARY

- Assess understanding of the objectives through questioning

SUGGESTED - TEACHER FOLLOW-UP ACTIVITIES

For more detailed information and resources for a variety of follow-up lessons and activities please see the teachers' section of the www.schoolbeat.org website.