



STRAND:	Safety	<u>Lesson Duration:</u> 60 minutes
KEY STAGE:	UKS2	
LESSON:	Be Cyber Safe	

AIM

- To raise awareness of what constitutes cyberbullying

PSE FRAMEWORK LEARNING OUTCOMES

- To form personal opinions and make informed decisions. S (DT)
- To listen carefully, question and respond to others. S (DC)
- To empathise with others' experiences and feelings. S (WVO)
- To use ICT safely with appropriate support and guidance S (ICT)
- To manage different emotions and develop strategies to deal with bullying/cyberbullying. S (WVO)
- To ask for personal support and help S (WVO)
- To resist unwanted peer pressure and behaviour. S (WVO)
- To develop respect for themselves and others. R (AC)
- To feel positive about themselves and be sensitive towards the feelings of others. R (H&E)
- Understand the range of their and others' feelings and emotions. R (H&E)

LITERACY IN THE CURRICULUM

This lesson includes the following aspects from the literacy/ numeracy framework:

- Speaking L(O)sp
- Listening L(O)l
- Collaboration and discussion L(O)c&d
- Comprehension L(R)c
- Response and analysis L(W)a

LESSON OBJECTIVES

- To explore the positive uses of digital communication
- To understand what cyberbullying is
- To know how to deal with cyberbullying

KEY WORDS

bullying, cyberbullying, digital communication, consequences



Lesson Overview: Be Cyber Safe

RESOURCES

- Key words
- Be Cyber Safe PowerPoint
- Bullying definition card
- Cyberbullying definition card
- DVD clip Megan's Story
- 6 types of bullying cards; physical; emotional; exclusion; verbal; gestures; cyberbullying.
- 12 Megan's Story cards
- 6 Feelings photo cards (stills from the film)
- 6 large sheets of paper and coloured pens
- Character photo cards
- Helping hand strategy card

ACTIVITIES

INTRODUCTION

- Ensure link with the previous lesson is explained.
- Agree Golden Rules.
- Clearly outline the classroom agreement and confidentiality.
- Explain - display the learning objectives and key words.

MAIN ACTIVITIES

- Class to consider what is bullying and cyberbullying and what are the differences?
- Display both the bullying and cyberbullying definitions.
- Show Megan's Story DVD clip to stimulate further discussion around cyberbullying.
- Introduce the different forms of bullying; physical; emotional; exclusion; verbal; gestures; cyberbullying.
- In groups pupils match Megan's Story cards to the 6 types of bullying as displayed.
- Feelings Carousel group activity to highlight the link between bullying/cyberbullying and emotional distress
- Whole class discussion on strategies to deal with cyberbullying as a victim or a bystander

REVIEW/PLENARY

- Using the helping hand template encourage pupils to learn and develop the positive strategies to stop cyberbullying.
- Assess the pupils' understanding of key objectives through questioning.
- Reiterate the SMART rules.

SUGGESTED - TEACHER FOLLOW-UP ACTIVITIES

See the www.schoolbeat.org website for teacher follow-up activities and resources.