



STRAND:	Social Behaviour & Community	<u>Lesson Duration:</u> Variable up to 60 minutes, by agreement with centre staff, dependent on whether lesson is delivered as a whole, or in parts and how pupils respond.
KEY STAGE:	KS3	
LESSON:	Breaking the Cycle	

AIM

- Know the harmful effects of bullying and assertive ways of dealing with it.

PSE FRAMEWORK OBJECTIVES 2008

- To consider others' views to inform opinions and make informed decisions and choices. S (DT)
- To listen attentively in different situations and respond appropriately. S (DC)
- To empathise with others' experiences, feelings and actions. S (WVO)
- To develop respect for themselves and others. R (AC)
- To develop positive attitudes towards themselves and others. R (H&E)
- To understand what they believe to be right and wrong actions and the moral dilemmas involved in life situations. R (M&S)

LITERACY ACROSS THE CURRICULUM

The lesson includes the following aspects from the Literacy/Numeracy Framework:

- Speaking - L(O)sp
- Listening - L(O)l
- Collaboration and Discussion - L(O)c&d

LESSON OBJECTIVES

- To be aware of what pupils consider to be Right & Wrong actions & understand the issues involved.
- To empathise with and be sensitive towards other peoples' experiences & feelings.
- To be aware of the relevant strategies to resolve the problem.

KEY WORDS

bullying, regular, different, harmful, empathy, assertive.

RESOURCES

- A4 key words.
- A3 poster - definition of bullying.
- Set of photos of examples of the types of bullying.
- First Impressions photo portrait sets.
- Question and answer sheets.
- Black, red & green board/flipchart pens.
- Video/DVD clip about bullying (optional).
- Set of cartoon strip/photo storyboard scenarios.
- Book of post-its and pens.



ACTIVITIES

INTRODUCTION

- Ensure the link with the previous lesson is explained.
- Agree Golden Rules.
- Clearly outline the classroom agreement about confidentiality.
- Introduce - display the learning objectives and key words.
- Discuss definition of bullying.
- Consider why people are bullied & why people bully others.

MAIN ACTIVITIES

- Activity 1: First Impressions
- Identify the forms that bullying can take.
- Activity 2: Exploring Negative Feelings.
- Activity 3: Exploring Positive Feelings.
- The links between types of bullying and crime.
- Optional use of appropriate video/DVD stimulus.
- Activity 4: Storyboard Scenarios
- Class discussion - What to do, who to tell.

REVIEW/PLENARY

- Learning Outcomes.

SUGGESTED - TEACHER FOLLOW-UP ACTIVITIES

For more detailed information and resources see the teachers' section of the www.schoolbeat.org website.

