

The Jogger

You are running in a local park when you see several young people (15- 16 years of age) running away from a person lying on the floor. You jog towards this person and sees that they are approximately 15 years of age, the young person is lying on his/her back surrounded by several empty bottles and cans. You check that the casualty is breathing and find that he/she is; however, the person is making gurgling noises.



Image 1 Designed by Freepik.com

Recognising that the casualty could be choking you shout for help whilst placing the casualty in the recovery position. Putting the casualty into the correct position stops the gurgling.

You do not have a mobile phone.

A passer by hears the cry for help and ask if he/she can assist.

Helper: What's going on?

Jogger: I think he/she may be choking. Do you have a mobile phone?

H: Yes. I'll get an ambulance.

You will now monitor the casualty's breathing and ensure that they stay in the recovery position to maintain a clear airway. Continue until the end of the role-play.