Shouting at your partner in anger



Sulking and giving your partner the silent treatment



Pestering your partner until you get what you want



Threatening to hurt yourself to get your own way



Threatening to post personal photos of your partner online



Ignoring your partner when with others



Scaring your partner by losing self-control



Dominating and controlling your partner's other relationships, friends and activities





Putting your partner down and criticising them



Physically threatening your partner if they do not do as he/she wants



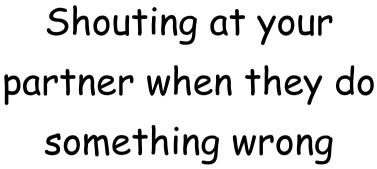
Controlling your partner by saying who they can or can't talk to

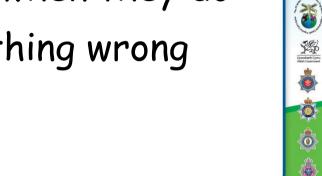


Getting very angry if your partner looks at anyone else



Not believing your partner when they say, 'No!'





your partner about feelings



Respecting your partner's friends







Considering each other's opinions and feelings



Talking through differences with your partner



Having an equal say in the relationship



Compromising on things so that the outcome suits both of you



Signs of a Healthy Relationship



Signs of an Unhealthy Relationship



Signs of an Abusive Relationship

