



## Lesson Overview: No Means No!

<b>STRAND:</b>	Safety	<b>Lesson Duration:</b> Variable up to 60 minutes, by agreement with centre staff, dependent on whether lesson is delivered as a whole, or in parts and how pupils respond.	
	<b>KEY STAGE:</b>		KS4
	<b>LESSON:</b>		No Means No!

The United Nations Convention on the Rights of the Child enshrines children and young people's rights to be protected from sexual abuse and exploitation. All children and young people are potentially at risk of being sexually abused. Schools have a central role to play in reducing this risk. By exploring the features of safe and healthy relationships, officers can help learners to develop the skills to identify potential risks, stay safe and seek help if needed.

The sexual consent lesson plan should be delivered as part of the school's PSE and sex and relationship education (SRE) programme. It should be consistent with the school's sex education policy and the agreed values framework for SRE. Discuss with the teacher that the lesson is appropriate for the needs of learners in terms of their age, maturity, language/images used, and understanding required. Furthermore this lesson is only to be delivered if a teacher is present in the classroom at all times.

Further advice on teaching sensitive issues is available on the PSE website by following the link to 'teaching about sensitive issues' on

<http://wales.gov.uk/pesub/home/holisticpse/delivery/teachingsensitiveissues/?lang=en>

### AIM

- To understand and recognise the importance of sexual consent

### PSE FRAMEWORK OBJECTIVES

- How to make and maintain friendships and negotiate behaviour effectively in relationships S(WWO)
- Be assertive and resist unwanted peer and other influence S(WWO)
- To accept personal responsibility for keeping the mind and body safe and healthy R(H&E)
- To develop a responsible attitude towards personal relationships R(H&E)
- To understand the importance of sexual health and the risks involved in sexual activity including potential sexual exploitation R(H&E)
- How to access professional health advice and personal support with confidence R(H&E)

### LESSON OBJECTIVES

- To understand what is meant by consent
- To explore the concept of sexual consent
- To understand the consequences of not respecting sexual consent
- To identify sources of advice and support





### KEY WORDS

consent, rape, consensual, coercion,

### RESOURCES

- Keywords
- Definition card
- No means No Ppt.
- Scenario cards
- Pupil law card
- Officer law card
- DVD clip 'Would You See Rape?'

### ACTIVITIES

#### INTRODUCTION

This lesson should only be delivered if a teacher is present

- Ensure the link with the previous SCPO lesson is explained
- Clearly outline the classroom agreement
- Agree ground rules

#### MAIN ACTIVITIES

- Agree the meaning of the term consent
- Display and explain the aims, learning objectives and key words
- Define the term sexual consent
- Scenario cards group work
- Law cards and discussion about the law in relation to the scenarios

#### REVIEW/PLENARY

- Assess understanding of the objectives through questioning

#### SUGGESTED - TEACHER FOLLOW-UP ACTIVITIES

For more detailed information and resources for a variety of follow-up lessons and activities please see the teachers' section of the [www.schoolbeat.org](http://www.schoolbeat.org) website.