

Schools have a central role to play in reducing risk by providing educational inputs that raise awareness about the harms and consequences of illegal drugs. By exploring the dangers of drugs and substances, officers can help learners to develop the skills to identify potential risks and consequences, stay safe and seek help if needed.

Ensure that the lesson is appropriate for the needs of learners in terms of their age, maturity, language/images used, and understanding required. Furthermore, this lesson is only to be delivered if a teacher is always present in the classroom.

School Police Officers should ensure that they have discussed the content of the lesson with the class teacher and be mindful of any children who might be vulnerable to the content of the lesson.

Curriculum for Wales

Area of Learning and Experience (AoLE): Health and Wellbeing

Statements of What Matters

1. Developing Physical Health and Well-being has lifelong benefits

- a) Understand the factors that affect Physical Health and Well-being
- b) Develop positive informed behaviours
- c) Encourage them to lead healthy and active lifestyles

2. How we process and respond to our experiences affects our mental health and emotional wellbeing

- a) Connections between experiences, mental health and emotional well-being. Feelings and emotions are neither fixed nor consistent.
- b) Develop empathy, strategies to regulate emotions
- c) Communicate their feelings

3. Our decision-making impacts on the quality of our lives and the lives of others

- a) Understand how decisions and actions impact on self, and society, now and in the future. Understand factors that influence decision making
- b) Enable learners to develop the critical thinking skills necessary to consider their decision making in terms of possible implications – including risk - for themselves and others
- c) Collective decision making – understand their contribution
- d) Career pathways

4. How we engage with social influences shapes who we are and affects our health and well-being

a) Understand the role of social influences on their lives. Rules, social norms, attitudes and values. Interaction affects our identity, values, behaviours, relationships



b) Learners engage critically with this social influence

5. Healthy relationships are fundamental to our wellbeing

a) Understand and value how feelings of belongings and connection that come from healthy relationships have a powerful effect on health and well-being

b) Recognise when relationships are unhealthy and the need to be aware of how to keep safe and seek support

c) Understand they will experience a range of relationships, nurture and maintain relationships how healthy relationships are vital for a healthy body and mind allowing us to thrive.

Links with United Nations Convention on the Rights of the Child (UNCRC)

- **Article 13** – The right to information
- **Article 33** – You should be protected from dangerous drugs
- **Article 36** – You should be protected from things that harm you
- **Article 40** – You have the right to legal help and to be treated fairly if accused of breaking the law

This resource supports schools to develop their approaches to **Wellbeing** and to **Care, Support and Guidance** as required by the ESTYN Common Inspection Framework 2017.

The Law

- **The Children Act 1989**
- The **United Nations Convention on the Rights of the Child 1989** (UN, 1989) was ratified by the UK on 16 December 1991.
- **Misuse of Drugs Act 1971**

Safeguarding children: working together under the Children Act 2004
(Welsh Assembly Government.)
Keeping Learners Safe Guidance
[Keeping learners safe | GOV.WALES](#)
(Welsh Government, 2021)

Learning Outcomes for Pupils

This lesson will help you:

- Understand the law about the possession and supply of drugs
- know what happens if you are stopped and searched and then arrested
- understand how peer pressure influences young people
- know the consequences of possessing and supplying Cannabis
- know how to report a crime
- know where to go to get help and support

Resources	<ol style="list-style-type: none"> 1. Lesson PowerPoint 2. Key Words Display Card 3. Cannabis Definition Card 4. Character Photo Cards 5. Mind Map Outlines 6. Rue the Day 12-minute film
Key Words	Cannabis Possession Supply Impact Consequences
Definition	Cannabis is an illegal Class B drug. A drug changes the way your mind and body works.

Lesson Outline		
Introduction	Assessing knowledge and learning, recalling previous lessons, learning outcomes.	3 mins
Activity 1	Myth Busting quiz. Key message: Cannabis is an illegal drug.	3 mins
Film	Rue the Day.	13 mins
Possession and Supply	Discussion and illustration of possession and supply. Stop and Search.	6 mins
Activity 2	Character Photo cards. Peer influence. Resilience to influences.	8 mins
<i>Alternative Method</i> Activity 2	A shortened method of delivery for Activity 2	4 mins
The Law and Consequences	Gareth's experience once arrested and taken to the police custody suite. Classification and penalties in law. The consequences for Gareth.	7 mins
Activity 3	Mind mapping the impact on Gareth's family, friends and community.	7 mins
Plenary	Reflection, review and assessment of learning	3 mins
Help, Support & Information	Reassurance that there are people who can help.	2 mins