

Thinking about Drinking

Teacher Follow Up

The Thinking about Drinking follow-up activities provide pupils with opportunities to achieve Key stage 3 learning outcomes from the PSE Framework for 7 to 19 year olds in Wales and the National Literacy and Numeracy Framework in Wales 2013. The activities presented below are not sequential but rather are a menu for teachers to select from.

Thinking about Drinking	Literacy and Numeracy Framework	Links with the PSE Framework for 7 to 19 year-olds in Wales	
		Skills	Range
1. Introductory Activities Why do people drink?	L(O)sp L(O)l L(O)c&d	<ul style="list-style-type: none"> Use some prior knowledge to explain links between cause and effect 	<ul style="list-style-type: none"> How to use alcohol responsibly and the risks of binge drinking
2. Challenging Stereotypes	L(O)sp L(O)l L(O)c&d L(W)mpr	<ul style="list-style-type: none"> Communicate confidently personal feelings and views through a range of appropriate methods 	<ul style="list-style-type: none"> How to recognize and challenge expressions of prejudice, racism and stereotyping
3. Consequences and Risks	L(O)sp L(O)l L(O)c&d	<ul style="list-style-type: none"> Use some prior knowledge to explain links between cause and effect Consider others' views to inform opinions and make informed decisions and choices effectively 	<ul style="list-style-type: none"> How to use alcohol responsibly and the risks of binge drinking
4. Human Bingo	L(O)sp L(O)l L(O)c&d	<ul style="list-style-type: none"> Consider others' views to inform opinions and make informed decisions and choices effectively 	<ul style="list-style-type: none"> How to use alcohol responsibly and the risks of binge drinking



5. Thinking about Drinking DVD	L(O)sp L(O)I L(O)c&d	<ul style="list-style-type: none"> Express opinions clearly and justify a personal standpoint 	<ul style="list-style-type: none"> Understand how to use alcohol responsibly and the risks of binge drinking.
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1. **Why do people drink activity?** As a class, board blast the reasons why young people drink alcohol? Divide the class into groups and provide them with the diamond nine resources.(1) Ask each group to discuss the reasons why young people drink alcohol and agree the order of influence of each factor placing the most influential at the top of the diamond through to the least at the bottom. This exercise can be repeated by combining groups to encourage further debate. Finally it can be completed as a whole class exercise using the power point.

2. **Challenging stereotypes Activity** - Provide each person / pair / group with either a plain piece of paper or a body outline sheet (2) and ask them to draw a sketch of an alcohol dependent person. Complete the sketch by drawing clothes, showing the age and gender of the person. Ask the class to identify by means of speech-bubbles the risks, problems and consequences an alcohol dependent person might encounter. Each group must bring their picture to the front of the class and explain what they have drawn and why they have drawn this character. Discuss with class what problems an alcohol dependent person may have. Have they stereotyped? Show the selection of laminated pictures of people for the class to see and ask; who do they think is alcohol dependent? The pictures are all of ordinary people. None of them are known as alcohol dependant. Teacher to prompt discussion.

3. **Consequences and Risks Activity** - divide the class into groups of four and provide each group with one of the photograph worksheets (3a) depicting an alcohol-related scene. Ask each group to consider the following questions in relation to their photograph: (3b)
 - i. What do you think happened just before the picture was taken?
 - ii. What is happening in the picture?
 - iii. What do you think will happen next?
 - iv. What do you think are the risks in this situation?
 - v. What do you think the consequences are of this situation?
 - vi. What could young people do to reduce the risks and consequences on this occasion?

Ask each group to provide class feedback for discussion using the photographs on the Power Point provided. (3c)



4. Human Bingo activity - As a class activity, introduce the Human Bingo activity. Each child is given a sheet (4) and they circulate in the class to find someone who can answer the question. Each child can only sign a form once. When the sheet is complete the child sits down. As a class feedback exercise the teacher can correct any misconceptions. This exercise can be undertaken at the beginning or at the end of the lesson or both to assess learning.

5. DVD - The officer's lesson includes two clips from the free bilingual DVD 'Thinking about Drinking' provided for secondary schools by the BBC. This initial work can be reinforced by use of the other clips to be found on the DVD namely:

- Scenario 2 - War
- Scenario 4 - Alcohol on Trial
- Scenarios 5 and 6 - Luke's Party and Zoe's Party

