

## Resource 6a

## Dear Andy - Letter 1



I am 15 years old. I feel I'm small for my age. I often feel that I do not fit in with the rest of my friends who seem to be bigger and stronger than me. I do not understand as my older brother is physically well developed for his age. I want to be like him and my mates and am contemplating taking Steroids to get bigger.

I don't know a lot about Steroids - would it be a good idea to try them?



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### Dear Andy - Letter 2



My name is Sam and I love sports and have recently been selected for the county trials. I really want to get into the team but feel the other athletes are bigger and stronger than me. I am thinking about taking a performance enhancer to give me the confidence to be able to challenge them. When I'm older, I really want to be a professional sports person.

Could this spoil my dream?

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### Dear Andy - Letter 3



I'm Jack. I am a regular user of Anabolic Steroids. I am finding it very expensive. To help me afford this, I'm thinking of selling some to my mates at the local gym.

This is okay isn't it - because Steroids aren't drugs are they?



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### Dear Andy - Letter 4



Hi, I'm Jenna. *OMG* I luv reality TV! I so want to look like them! I exercise every day, watch my diet and love my make-up. But it's not good enough; I'm still not perfect and never look as good as them. I've seen an advert on the web for diet pills that 'all' celebrities are taking.

I'm thinking about trying them to get quick results. What do you think?

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### Dear Andy - Letter 5



My name is Jamie and I am a party animal and regularly attend parties with my older mates. I've noticed recently that the girls seem to go for the more muscular boys. I've discussed this with my mates and they have told me that the secret to looking good and getting all the girls would be to take some Steroids and use some tanning substances. There would be no problem as everyone is doing it anyway. I would look great in no time.

I'm worried if this is the only option for me - are there any other alternatives?

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### Dear Andy \_ Letter 6



I am so frustrated! For the last two years, I've finished second in the 100 metre butterfly at the National Swimming Gala. This year my coach has told me that **I will** win the gold medal. She suggested that I take Steroids to help increase my stamina and improve my performance.

This is something I have never considered but winning is everything.  
Should I do it?



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### Dear Andy - Letter 7



Recently I went to my brother's room to look for a DVD I'd lent him. While trying to find it, I found a bottle of liquid labelled Testosterone. I know my brother is trying to bulk up, but now I'm worried that he may harm himself or get into trouble.

I haven't told anybody. What should I do?

